

Would you like to join a Small Group at Fellowship Bible Church?

Most existing groups are open to new group members, and new groups begin on a regular basis. If you have friends in a small group, ask about joining their group. If you are new to Fellowship and are looking for a place to connect, please feel free to contact us and we can help you find the right group.

Leader Tips:

1. The sermon notes are designed to be used as a guide for discussion. Don't feel like you have to use every question. Some questions will take a while to work through, others will be over in a few seconds!
2. Don't teach the lesson. The sermon was taught on Sunday morning. Just ask questions and let everyone else talk.
3. Let other people ask questions. It's OK to go "off topic" for a while. Sometimes those conversations are more interesting anyway!
4. Have fun. Relationships, not curriculum, are the heartbeat of Small Groups. So have fun with the people in your group.

Agenda for a Small Group Meeting

Gathering Time

Take 15-20 minutes to welcome everyone, catch up, and share some food!

Discussion Time

Here's a suggested format:

1. **Ice Breaker** – Lighthearted ice-breaker question (15-20 min.)
2. **Discussion** - Discussion time, Bible study, application challenge (30-40 min.)
3. **Prayer** – Prayer requests and praying for one another (15-30 min.)
4. **Planning** – Keep the vision before the group, HEALTH planning, etc. (10 minutes)

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Good Vibrations
God @ Rolling Stone
 Phillip Wright
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Break the Ice!

What's one accomplishment you can look back on and celebrate?

My favorite inspirational thought on success:

- Eagles may soar, but weasels don't get sucked into jet engines.
- Behind every successful man is a surprised mother-in-law.
- If at first you don't succeed, skydiving is not for you.
- If you can't learn to do something well, learn to enjoy doing it poorly.
- Other: _____

Talk it over!

Everyone is an Influence.

What kind of vibe am I sending?

"You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled by men.

¹⁴You are the light of the world. A city on a hill cannot be hidden.

¹⁵Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house.

¹⁶In the same way, let your light shine before men, that they may see your good deeds and praise your Father in heaven.

—Matthew 5:13-16

Question: How does the above verse challenge to send a "good vibe"? How can we examine our lives to see what kind of vibe we are sending?

1. You are more important than you think.

Question: Why are you important or on what grounds can you say you are important? How does it feel to think of yourself as important?

2. Be who you are. Our greatest work for God and for the world is to BE.

Question: If you had to choose one word to describe yourself, what word would you use?

- Slacker
- Motivated
- Smart Aleck (That's really two words, but I'm a smart aleck and I'll do whatever I want!)
- Leader
- Other: _____

Why is it offensive to God when we try to be someone else?

3. It's all about relationships. Christianity does not function in isolation.

Question: When do you tend to feel the most encouraged in your life?

- When I get a nice note from a friend.
- When the mob decided to lay off me.
- When I get some nice words from my boss.
- When I am with people that I love and care for.
- Other: _____

Question: How has God used relationships to help you grow spiritually?

Everyone is influenced. What am I allowing to influence me?

Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God—this is your spiritual act of worship. ²Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will. —Romans 12:1-2

Question: What parts of the world have you let influence you too much?

According to the above passage, what are we supposed to let influence us? How does this happen?

If I have been negatively influenced I will... Leave the bad vibes behind and get some new ones.

*"Forget the former things;
do not dwell on the past.*

*¹⁹ See, I am doing a new thing!
Now it springs up; do you not perceive it?
I am making a way in the desert
and streams in the wasteland.*

—Isaiah 43:18-19

For Discussion: Without turning into “bash your parents night”, what bad vibes did you learn from your parents? Are you afraid of passing these vibes on to your children?

What “good vibes” did you learn from your parents? Are you passing these on to your children?

Work It Out!

One thing I'll do differently because of this sermon:
