

Would you like to join a Small Group at Fellowship Bible Church?

Most existing groups are open to new group members, and new groups begin on a regular basis. If you have friends in a small group, ask about joining their group. If you are new to Fellowship and are looking for a place to connect, please feel free to contact us and we can help you find the right group.

Leader Tips:

1. The sermon notes are designed to be used as a guide for discussion. Don't feel like you have to use every question. Some questions will take a while to work through, others will be over in a few seconds!
2. Don't teach the lesson. The sermon was taught on Sunday morning. Just ask questions and let everyone else talk.
3. Let other people ask questions. It's OK to go "off topic" for a while. Sometimes those conversations are more interesting anyway!
4. Have fun. Relationships, not curriculum, are the heartbeat of Small Groups. So have fun with the people in your group.

Agenda for a Small Group Meeting

Gathering Time

Take 15-20 minutes to welcome everyone, catch up, and share some food!

Discussion Time

Here's a suggested format:

1. **Ice Breaker** – Lighthearted ice-breaker question (15-20 min.)
2. **Discussion** - Discussion time, Bible study, application challenge (30-40 min.)
3. **Prayer** – Prayer requests and praying for one another (15-30 min.)
4. **Planning** – Keep the vision before the group, HEALTH planning, etc. (10 minutes)

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Like A Rolling Stone
God @ Rolling Stone
Phillip Wright
February 21, 2010

Warm up!

When have you received something that was more than you deserved?

How injustice has touched my life:

- My kids tell their friends they were adopted.
- When my ship came in, it smelled like dead fish.
- Animals at the pound play dead when I walk by.
- Celibacy is not hereditary.
- I bought an iPhone, then the new one came out.
- Other: _____.

Talk it over!

Read 1 Samuel 24:1-22

1. How does it feel when someone has hurt us?

–1 Samuel 18:6-13

In the above passage, how do you think David felt? What caused Saul to act this way?

How do you typically react to unfairness and injustice?

- Get really ticked.
- Awfullize.
- Write my congressman.
- Throw a pity party.
- Other: _____.

2. How does it feel when we have the opportunity to get even?

–1 Samuel 24:1-4

Question: Why is revenge ultimately not a very satisfying experience?

3. How does it feel when we just get a little revenge?

-1 Samuel 2:4-5

Why do you think David's conscience kicked in?

The best reason for me to practice forgiveness:

- I can't afford the Maalox.
- I'm tired of letting others live rent-free in my brain.
- I can't enjoy what I don't pass on.
- My lack of forgiveness hurts me the most.
- God told me to, so it must be in my best interest.
- Other: _____

4. How does it feel when we see the person who hurt us face to face?

-1 Samuel 24:8-15

Question: How do you normally respond to people who have wronged you?

- I avoid them
- I am happy to let everyone know what they did to me
- I like to make amends
- I just slash their tires and key their cars. Nothing big.
- I don't like to face them.
- Other: _____

On facing people that have hurt us:

- **Don't be a doormat. Speak the truth.**
- **Look beyond the behavior and see the hurt.**
(1 Samuel 24:10)
- **Speak the truth, but don't trash talk.**

Question: Of the above principles for facing people that have hurt you, which is going to be hard for you to do? Is there anyone that you need to face right now?

5. How does it feel to let God handle it?

-1 Samuel 24:15

How does it help you to know that God is in charge and plans to settle the score?

- I'm not in charge, and don't have to settle it.
- It's good to know that He's not overlooking injustice.
- I can leave the final outcome to him.
- He could even use injustice for my benefit.
- Other: _____.

Work It Out!

One thing I'll do differently because of this sermon:
