

Would you like to join a Small Group at Fellowship Bible Church?

Most existing groups are open to new group members, and new groups begin on a regular basis. If you have friends in a small group, ask about joining their group. If you are new to Fellowship and are looking for a place to connect, please feel free to contact us and we can help you find the right group.

Leader Tips:

1. The sermon notes are designed to be used as a guide for discussion. Don't feel like you have to use every question. Some questions will take a while to work through, others will be over in a few seconds!
2. Don't teach the lesson. The sermon was taught on Sunday morning. Just ask questions and let everyone else talk.
3. Let other people ask questions. It's OK to go "off topic" for a while. Sometimes those conversations are more interesting anyway!
4. Have fun. Relationships, not curriculum, are the heartbeat of Small Groups. So have fun with the people in your group.

Agenda for a Small Group Meeting

Gathering Time

Take 15-20 minutes to welcome everyone, catch up, and share some food!

Discussion Time

Here's a suggested format:

1. **Ice Breaker** – Lighthearted ice-breaker question (15-20 min.)
2. **Discussion** - Discussion time, Bible study, application challenge (30-40 min.)
3. **Prayer** – Prayer requests and praying for one another (15-30 min.)
4. **Planning** – Keep the vision before the group, HEALTH planning, etc. (10 minutes)

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Respect
God @ Rolling Stone
 Phillip Wright
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Warm up!

Tell us about your best friend as a child.

Birthday presents for my spouse that didn't help our relationship:

- Lifetime membership to Weight Watchers.
- Tickets to the WWF SmackDown!
- Home Depot's "Replace Your Own Commode" seminar.
- Six-month supply of Mr. Clean.
- Other: _____

Talk it over!

1. Find out what it means. "I know I see it when I see it."

Read these passages together as a group:
 Ephesians 5:21-33 and 1 Peter 3:1-7

Question: What surprises you about these passages? What is counter-cultural about these passages?

To understand these passages, you have to understand the literary context. Submission is a guiding principle for all Christian relationships.

Question: Why is submission a difficult?

Question: Why is submission required of all Christian relationships?

- It requires humility
- It requires that we learn to be unselfish
- Jesus just wants to make life difficult for us.
- Jesus submitted to others, so His followers should do the same!
- Other: _____

In what area of your life do you have a difficult time submitting to others?

2. Husbands, show respect by doing the following...

- 1) By loving her. Ephesians 5:25
- 2) "I'm giving it up for you." Ephesians 5:25
- 3) By serving her. Mathew 20:25-28
- 4) Be her slave. Matthew 20:27
- 5) Understand her. 1 Peter 3:7
- 6) Treat her as valuable. 1 Peter 3:7

Question: Husbands, which of these do you have a hard time with? How can our Small Group help you get better?

Wives, what is your husband doing well at?

3. Wife, show respect by the "s" word

Wives, submit to your husbands as to the Lord. ²³For the husband is the head of the wife as Christ is the head of the church, his body, of which he is the Savior. —Ephesians 5:22-23

Wives, in the same way be submissive to your husbands so that, if any of them do not believe the word, they may be won over without words by the behavior of their wives, —1 Peter 3:1

Question: Who seems to have the tougher job? The husband or the wife?

- The husband expresses submission through sacrificial love.
- The wife expresses submission through respect.

Does the biblical picture of marriage seem attractive to you? What keeps people from experiencing this kind of marriage relationship?

TCB-Take Care of Business

"Contempt is the single most important sign that the marriage is in trouble."

Dr. John Gottman

Question: Do you agree or disagree with the above statement? Why or why not?

1. Shut up the language of disrespect. Speak the language of respect.

- Women want to be chosen
- Men want to be appreciated

Question: Husbands, how can you help your wife feel "chosen" this week? Wives, how can you appreciate your husband this week?

2. Be each other's #1 Fan.

3. See the best in each other.

For Discussion: In front of your group, tell your spouse one thing that you love about him or her.

Final thought: Submission was never supposed to give spouses permission to be jerks.

Work It Out!

One thing I'll do differently because of this sermon:
