

Would you like to join a Small Group at Fellowship Bible Church?

Most existing groups are open to new group members, and new groups begin on a regular basis. If you have friends in a small group, ask about joining their group. If you are new to Fellowship and are looking for a place to connect, please feel free to contact us and we can help you find the right group.

Leader Tips:

1. The sermon notes are designed to be used as a guide for discussion. Don't feel like you have to use every question. Some questions will take a while to work through, others will be over in a few seconds!
2. Don't teach the lesson. The sermon was taught on Sunday morning. Just ask questions and let everyone else talk.
3. Let other people ask questions. It's OK to go "off topic" for a while. Sometimes those conversations are more interesting anyway!
4. Have fun. Relationships, not curriculum, are the heartbeat of Small Groups. So have fun with the people in your group.

Agenda for a Small Group Meeting

Gathering Time

Take 15-20 minutes to welcome everyone, catch up, and share some food!

Discussion Time

Here's a suggested format:

1. **Ice Breaker** – Lighthearted ice-breaker question (15-20 min.)
2. **Discussion** - Discussion time, Bible study, application challenge (30-40 min.)
3. **Prayer** – Prayer requests and praying for one another (15-30 min.)
4. **Planning** – Keep the vision before the group, HEALTH planning, etc. (10 minutes)

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Satisfaction
God @ Rolling Stone
 Phillip Wright
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Warm up!

Share a fun memory from early dating experience.

The movie title which best describes my love life:

- Towering Inferno*
- The Perfect Storm*
- Gone In 60 Seconds*
- Dances With Wolves*
- Cast Away*
- Snow White and The Seven Dwarfs*
- On Any Sunday*
- Night of the Living Dead*
- As Good As It Gets*
- Home Alone*
- Other: _____

Talk it over!

Satisfaction is all about God.

*You have made known to me the path of life;
 you will fill me with joy in your presence,
 with eternal pleasures at your right hand.* –Psalm 16:11

Question: In what ways has God brought satisfaction into your life?

1. Dead desire? Go to God

*Place me like a seal over your heart,
 like a seal on your arm;
 for love is as strong as death,
 its jealousy unyielding as the grave.
 It burns like blazing fire,
 like a mighty flame.* –Song of Songs 8:6

Question: Do you believe that God cares about your desires? Why is it important to go to God with all of our desires?

2. Lost Love? Go to God

a. God wants to kill us.

Then he said to them all: "If anyone would come after me, he must deny himself and take up his cross daily and follow me.

—Luke 9:23

For whoever wants to save his life will lose it, but whoever loses his life for me will find it.

—Mathew 16:25

I tell you the truth, unless a kernel of wheat falls to the ground and dies, it remains only a single seed. But if it dies, it produces many seeds.

—John 12:24

For you died, and your life is now hidden with Christ in God.

—Colossians 3:3

Question: Is there an area of your life that you have not allowed to die? How can you live in “death”?

b. Practice the law of reciprocity

Do not be deceived: God cannot be mocked. A man reaps what he sows.

—Galatians 6:7

Question: How have you seen the law of reciprocity at work in your life? In your work? In your marriage?

3. Sorry sex life? Yep, Go to God.

Sex is God's wedding gift.

God created sex for three purposes:

- **Pleasure between a wife and husband.**
- **Spiritual bonding.**
- **Populate the earth.**

God's Standard: *Sex is for a wife and a husband committed to each other in a marriage relationship.*

God's standard is the best choice for me because:

- The alternatives are too painful.
- Sex was his idea to begin with.
- I want an SUV, not an STD.
- I know he has my best interest at heart.
- I want my marriage to be the best it can be.
- Other: _____

Question: What makes sexual freedom possible within a marriage?

- Time spent together
- Reassurances from one another
- Environmental factors
- Internal factors
- Other: _____

Work It Out!

One thing I'll do differently because of this sermon:
