

*Would you like to join a Small Group at Fellowship Bible Church?*

Most existing groups are open to new group members, and new groups begin on a regular basis. If you have friends in a small group, ask about joining their group. If you are new to Fellowship and are looking for a place to connect, please feel free to contact us and we can help you find the right group.

*Leader Tips:*

1. The sermon notes are designed to be used as a guide for discussion. Don't feel like you have to use every question. Some questions will take a while to work through, others will be over in a few seconds!
2. Don't teach the lesson. The sermon was taught on Sunday morning. Just ask questions and let everyone else talk.
3. Let other people ask questions. It's OK to go "off topic" for a while. Sometimes those conversations are more interesting anyway!
4. Have fun. Relationships, not curriculum, are the heartbeat of Small Groups. So have fun with the people in your group.

*Agenda for a Small Group Meeting*

*Gathering Time*

Take 15-20 minutes to welcome everyone, catch up, and share some food!

*Discussion Time*

Here's a suggested format:

1. *Ice Breaker* – Lighthearted ice-breaker question (15-20 min.)
2. *Discussion* - Discussion time, Bible study, application challenge (30-40 min.)
3. *Prayer* – Prayer requests and praying for one another (15-30 min.)
4. *Planning* – Keep the vision before the group, HEALTH planning, etc. (10 minutes)

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Don't Just Survive. Thrive

**Aliens**

Phillip Wright

September 12, 2010

## Break the Ice!

Who has been the most influential person in your life over the last five years? Why was this person influential?

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## Talk it over!

Temptation is strong. So what do I do?

–Read 1 Peter 4:1-6

Question: How does this passage encourage us to live?

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Two things to do with temptation:

1. Take the attitude, "I'm done with it."
2. Apply the cross to sin.

The End is Near. So what do I do?

1. Keep a cool head.

*The end of all things is near. Therefore be clear minded and self-controlled so that you can pray.* –1 Peter 4:7

Question: What area of life do you need to show a little more self control?

- My tongue
- My eating
- My drinking
- Too much TV
- Other: \_\_\_\_\_

2. Keep a warm heart.

*Above all, love each other deeply, because love covers over a multitude of sins.* –1 Peter 4:8

3. Keep an open house.

*Offer hospitality to one another without grumbling.* –1 Peter 4:9

Question: How do you think keeping a warm heart and keeping an open house are related?

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Question: Who would you like to invite to your house this week?

- My neighbor
- My co-workers
- My mother-in-law
- Does this mean that I will have to clean up?
- Other: \_\_\_\_\_

## Work It Out!

One thing I'll do differently because of this sermon:

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### 4. Keep a serving lifestyle.

*Each one should use whatever gift he has received to serve others, faithfully administering God's grace in its various forms. <sup>11</sup>If anyone speaks, he should do it as one speaking the very words of God. If anyone serves, he should do it with the strength God provides, so that in all things God may be praised through Jesus Christ. To him be the glory and the power for ever and ever. Amen.*

—1 Peter 4:10-11

Question: What is your spiritual gift? How can you use this gift to serve in the community?

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### The times are tough. So what do I do?

#### 1. Expect tough times.

*Dear friends, do not be surprised at the painful trial you are suffering, as though something strange were happening to you.*

—1 Peter 4:12

#### 2. Rejoice in tough times

*Dear friends, do not be surprised at the painful trial you are suffering, as though something strange were happening to you. <sup>13</sup>But rejoice that you participate in the sufferings of Christ, so that you may be overjoyed when his glory is revealed. <sup>14</sup>If you are insulted because of the name of Christ, you are blessed, for the Spirit of glory and of God rests on you.*

—1 Peter 4:12-14

Question: What reasons does Peter give for us to rejoice in our sufferings? Why is this so difficult?

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### 3. Examine our life

*If you suffer, it should not be as a murderer or thief or any other kind of criminal, or even as a meddler. <sup>16</sup>However, if you suffer as a Christian, do not be ashamed, but praise God that you bear that name. <sup>17</sup>For it is time for judgment to begin with the family of God; and if it begins with us, what will the outcome be for those who do not obey the gospel of God? <sup>18</sup>And,*

*"If it is hard for the righteous to be saved, what will become of the ungodly and the sinner?"*

—1 Peter 4:15-18

Question: How do you examine your life?

- A checklist
- Accountability with other people
- It takes humility
- You have listen to what others say
- Other: \_\_\_\_\_